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eight key productivity concepts--from motivation and goal setting to focus and decision making--that explain why some people and companies get so much done. Drawing on the latest findings in neuroscience, psychology, and behavioral economics--as well as the experiences of CEOs, educational reformers, four-star generals, FBI agents, airplane pilots, and Broadway songwriters--this painstakingly researched book explains that the most productive people ...

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Productive in ...

In Smarter Faster Better he finds provocative answers to a riddle of our age. -- Jim Collins, author of GOOD TO GREAT There are valuable lessons in Smarter Faster Better. . . I never felt like putting it down., Financial Times Duhigg brings impressive reportorial and narrative skills to the project., Spectator

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Smarter Faster Better: The Secrets of Being Productive ...

Interesting set of eight ideas discussed tone

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Smarter, Faster and Better. These are a set of disjoint tools that a reader can use one, more or all at once. Personally, I loved the topics on innovation, focus and disfluency.

Smarter Faster Better: The Secrets of Being Productive ...

In *The Power of Habit*, Charles Duhigg explained why a person does what he does. He is out with a new book this time, entitled—*Smarter Faster Better: The Secrets of Being Productive* and applies same relentless level of details, with numerous research studies

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and interviews, makes this one too, highly informative.

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Smarter Faster Better: The Secrets of Being Productive in Life and Business From the author of the New York Times bestselling phenomenon The Power of Habit comes a fascinating new book that explores the science of productivity, and why, in today's world, managing how you think—rather than what you think—can transform your life.

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Smarter Faster Better: The Secrets of Being Productive in Life and Business: Book Format: Hardcover: Number Of Pages: 400 pages: First Published in: March 2016: Latest Edition: March 8th 2016: ISBN Number: 9780812993394: Language: English: Awards: Goodreads Choice Award Nominee for Nonfiction (2016) category:

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Brief Summary of Book: Smarter Faster Better: The Secrets of Being Productive in Life and

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goal-setting to focus and decision-making -- that explain why some people and companies get so much done.

Smarter faster better : the secrets of productivity in ...

Smarter Faster Better by Charles Duhigg explores 8 different concepts and how they can make a difference to your life. Outlining the 'secrets' to being more productive by starting with motivation, focus, teamwork, goal setting, managing others, making decisions, innovation and finally, absorbing information.

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songwriters—this painstakingly researched book explains that the most productive ...

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“When people believe they are in control, they tend to work harder and push themselves more. They are, on average, more confident and overcome setbacks faster.” ? Charles Duhigg, Smarter Faster Better: The Secrets of Being Productive in Life and Business 10 likes

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Duhigg

Smarter Faster Better: The Secrets of Being Productive in Life and Business. In *The Power of Habit*, Pulitzer Prize-winning journalist Charles Duhigg explained why we do what we do. In *Smarter Faster Better*, he applies the same relentless curiosity, deep reporting, and rich storytelling to explain how we can improve at the things we do. It's a groundbreaking exploration of the science of productivity, one that can help anyone learn to succeed with less stress and struggle, and to get more ...

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In *Smarter Faster Better*, he applies the same relentless curiosity, deep reporting, and rich storytelling to explain how we can improve at the things we do. It's a groundbreaking exploration of the science of productivity, one that can help anyone learn to succeed with less stress and struggle, and to get more done without sacrificing what we

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